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The Unofficial Potter Way of Solving Problems

How the Harry Potter Books Teach Us to Deal with Difficult Situations

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⇒ Please go to
http://aha.pub/SolveProblemsThePotterWay to read this
AHAbook and to share the individual
AHAmessages that resonate with you.

Published by THiNKaha® 20660 Stevens Creek Blvd., Suite 210, Cupertino, CA 95014 http://thinkaha.com E-mail: info@thinkaha.com

First Printing: July 2019

Hardcover ISBN: 978-1-61699-308-5 1-61699-308-1 Paperback ISBN: 978-1-61699-307-8 1-61699-307-3 eBook ISBN: 978-1-61699-306-1 1-61699-306-5 Place of Publication: Silicon Valley, California, USA Library of Congress Number: 2018914520

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Acknowledgements

To Richard Duffy and Will Naameh for being the weirdest people I know.

To the other Potter Trail guides for being great.

To Saher for supporting my brain.

To all of my Potter Trail guests who never stop being amazing.

To Mitchell Levy for liking my crazy.

To J.K. Rowling for starting it all.

To Harry Potter for being such a great guy.

To Mum and Abba for giving me a place to write.

To Ella, Sam, and Martha for being my sidekicks.

Dedication

For anybody who has ever identified themselves in a *Harry Potter* character, and anybody who has ever used *Harry Potter* to help themselves change.

How to Read a THiNKaha® Book

A Note from the Publisher

The AHAthat/THiNKaha series is the CliffsNotes of the 21st century. These books are contextual in nature. Although the actual words won't change, their meaning will every time you read one as your context will change. Be ready, you will experience your own AHA moments as you read the AHA messagesTM in this book. They are designed to be stand-alone actionable messages that will help you think about a project you're working on, an event, a sales deal, a personal issue, etc. differently. As you read this book, please think about the following:

- 1. It should only take 15–20 minutes to read this book the first time out. When you're reading, write in the underlined area one to three action items that resonate with you.
- 2. Mark your calendar to re-read this book again in 30 days.
- 3. Repeat step #1 and mark one to three more AHA messages that resonate. They will most likely be different than the first time. BTW: this is also a great time to reflect on the AHAmessages that resonated with you during your last reading.

After reading a THiNKaha book, marking your AHA messages, re-reading it, and marking more AHA messages, you'll begin to see how these books contextually apply to you. AHAthat/THiNKaha books advocate for continuous, lifelong learning. They will help you transform your AHAs into actionable items with tangible results until you no longer have to say AHA to these moments—they'll become part of your daily practice as you continue to grow and learn.

Mitchell Levy, The AHA Guy at AHAthat publisher@thinkaha.com



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Introduction

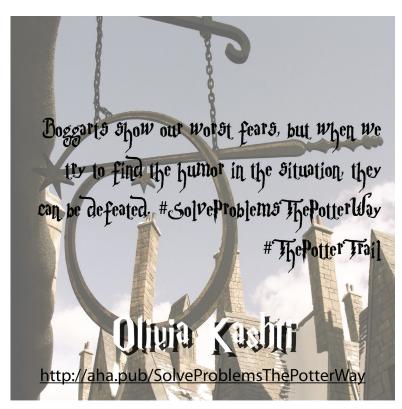
At this point in time, it would be impossible to say how many people have read the Harry Potter books. Millions, at least. How many? It cannot be known. What kinds of people? Old, young, rich, poor, male, female, non-binary, etc. Where are these people from? What jobs do they have? What are their passions? None of these questions can be answered definitively. The Harry Potter books exist in seventy-four languages, so you can bet that all the people who have read the books have learned different lessons. But there is one thing that must be true for everyone who has imagined themselves in the halls of Hogwarts at one time or another: they have learned lessons.

Harry, Ron, Hermione and so many other characters we meet are faced with difficult issues. Sometimes they make mistakes, as we all do, but sometimes they find the best way of solving problems. In the end, they solve the biggest problem that the wizarding world is facing with hardly any experience or help—just by using their hearts and brains.

We can all find this kind of guidance through the *Harry Potter* books, whoever we are. *The Unofficial Potter Way of Solving Problems* helps make these lessons clear for us. It splits them into sections and reminds us of the ways that the books provide us with helpful advice on how best to solve problems in our own lives.

We can laugh as we remember Fred and George and their antics, we can cry as we think about the characters we lost, and we can smile fondly as we see all the ways in which love and friendship win in the end.

All of us have problems in our lives, and there is no better way to begin facing them and begin the huge challenge of working on ourselves than through reliving the magic of the Harry Potter World and remembering that as long as we stay good and true in our hearts and actions, Hogwarts will always be there to welcome us home.



Share the AHA messages from this book socially by going to http://aha.pub/SolveProblemsThePotterWay

Section I

Fear/Bravery

If Harry, Ron, and Hermione had simply run away from their problems instead of facing them, they would never have defeated the Dark Lord. Harry and his friends teach us that being brave pays off, whether it's in front of a Dementor, a friend you don't agree with, or the scariest of them all, a Boggart!

]

Harry does not allow intimidation to stop him from saying Voldemort's name. He knows he is fighting for good, and he will not give in to bullies.

#SolveProblemsThePotterWay #ThePotterTrail

2

Ignoring problems doesn't make them go away; one must face them to achieve results. Often, fear of a problem is worse than the actual problem. #SolveProblemsThePotterWay #ThePotterTrail

"It takes a great deal of bravery to stand up to our enemies, but more to stand up to our friends." Neville proves we must stand up for our beliefs. #SolveProblemsThePotterWay #ThePotterTrail

We all have the power to make our own choices, despite the circumstances we are born in, just like Harry.

#SolveProblemsThePotterWay

#ThePotterTrail

5

Harry questions authority. Sometimes, we must ask ourselves how we feel in our hearts: Is something right just because power tells us so? #SolveProblemsThePotterWay #ThePotterTrail

Hermione has to erase her parents' memories to keep them safe. Sometimes we must do things we don't like, for the greater good. #SolveProblemsThePotterWay #ThePotterTrail

7

Harry must fight in the Triwizard Cup despite not wanting to. He uses the skills he has — his broomstick, brain, and friends to succeed. #SolveProblemsThePotterWay #ThePotterTrail

Despite Harry being afraid of entering the Forbidden Forest, he knows that if he wants to help his friends, he must — so he does. #SolveProblemsThePotterWay #ThePotterTrail

9

Harry finds solace in the Mirror of Erised, but with Dumbledore's help, he knows that "it does not do to dwell on dreams and forget to live." #SolveProblemsThePotterWay #ThePotterTrail

Even though Harry knows nothing about magic when he joins Hogwarts, he puts in effort and becomes a good wizard. #SolveProblemsThePotterWay #ThePotterTrail

Π

Harry's bravery in the Chamber of Secrets pays off, as he saves the lives of Hermione and many others. #SolveProblemsThePotterWay #ThePotterTrail

12

Boggarts show our worst fears, but when we try to find the humor in the situation, they can be defeated. #SolveProblemsThePotterWay #ThePotterTrail

Our Patronus charms prove that when we remember all the positive things in our lives, the bad things can seem easier to deal with. #SolveProblemsThePotterWay #ThePotterTrail

If you work in a team, everyone can share their skills to help each other, just like in Dumbledore's Army. #SolveProblemsThePotterWay #ThePotterTrail

15

Even though Ginny is the only girl of all her siblings, she stands just as strong; don't let anything stop you from being yourself. #SolveProblemsThePotterWay #ThePotterTrail

When Ron and Harry can't get through the gate at Platform 9¾, they use the flying car. Always look for alternatives before giving up! #SolveProblemsThePotterWay #ThePotterTrail

17

People follow Voldemort because they are scared, but he leads them astray. Don't let fear guide you. #SolveProblemsThePotterWay #ThePotterTrail

Sirius never stops trying to protect Harry, even though he risks his safety to do so. This makes him a role model in Harry's and our eyes. #SolveProblemsThePotterWay #ThePotterTrail

The Dursleys run to an island in the middle of nowhere to escape their problems, but Hagrid finds them anyway.

Don't run from your problems; face them. #SolveProblemsThePotterWay

#ThePotterTrail

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Dementors can be fought by thinking happy thoughts. If you are brave and keep your calm, anything is possible. #SolveProblemsThePotterWay #ThePotterTrail

About the Author



Olivia Kashti is a Master's graduate, originally from Oxford, England. She now resides in Edinburgh where she works as a *Harry Potter* Tour Guide. Here, she has led thousands around the streets of Edinburgh, feeding them *Harry Potter* facts specific to the city, otherwise unknown. Olivia has always been a passionate writer, and her first degree in English literature helped develop this love of hers. Further studies in conflict resolution led her to see the benefit of written advice and help to those willing to seek it.



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Boggarts show our worst fears, but when we try to find the humor in the situation, they can be defeated.

#SolveProblemsThePotterWay #ThePotterTrail

Our Patronus charms prove that when we remember all the positive things in our lives, the bad things can seem easier to deal with, #SolveProblemsThePotterWay #ThePotterTrail

Romilda Vane uses a love potion to ity and get Harry to love her, but in the end, she looks foolish. Trust that honesty will work out for you, #SolveProblemsThePotterWay #ThePotterTrail

Despite how often Dudley bullies Harty, he doesn't fight back.
Harty knows that in the long run, he will be a happier, better
person. #SolveProblemsThePotterWay #ThePotterTrail

Ron thinks Harty is itying to take Hermione from him, but this is the Hototux manipulating his thoughts. Taking a step back from situations can help sometimes, #SolveProblemsThePotterWay #ThePotterTrail



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SELF-HELP: PERSONAL GROWTH

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