# Go Ahead, Start A Movement

Insights to Help You Take Your Message to the World

### Joseph Ranseth

An Actionable Business Journal



The insights shared in this book are intended to be catalysts to get your mind thinking about the movement you have within you. If you want to get a bigger picture of what your movement really is and how these concepts tie together in a larger framework, I'd love to give you a free copy to the blueprint on How To Start A Movement. JosephRanseth.com/aha

#### Go Ahead, Start A Movement (Book Excerpt)

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#### An Actionable Business Journal

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http://aha.pub/StartAMovement to read this AHAbook and to share the individual AHAmessages that resonate with you.

Published by THiNKaha® 20660 Stevens Creek Blvd., Suite 210, Cupertino, CA 95014 <u>http://thinkaha.com</u> E-mail: <u>info@thinkaha.com</u>

First Printing: March 2018 Hardcover ISBN: 978-1-61699-258-3 1-61699-258-1 Paperback ISBN: 978-1-61699-257-6 1-61699-257-3 eBook ISBN: 978-1-61699-259-0 1-61699-259-X Place of Publication: Silicon Valley, California, USA Paperback Library of Congress Number: 2018902276

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### Acknowledgements

The world is full of dreamers and change-makers, who are living lives dedicated to serving other people, their local communities, and the planet as a whole. I honor your contribution and the inspiration you are to me and my work, as well as the rest of the world. Keep up the amazing work, it's why you're here.

### Dedication

For Winter, your courage and contribution inspire me every day.

For Enoch, your smile reminds me that good is always present.

#### How to Read a THiNKaha® Book

#### A Note from the Publisher

The THiNKaha series is the CliffsNotes of the 21st century. The value of these books is that they are contextual in nature. Although the actual words won't change, their meaning will change every time you read one as your context will change. Experience your own "AHA!" moments ("AHAmessages<sup>™</sup>") with a THiNKaha book; AHAmessages are looked at as "actionable" moments—think of a specific project you're working on, an event, a sales deal, a personal issue, etc. and see how the AHAmessages in this book can inspire your own AHAmessages, something that you can specifically act on. Here's how to read one of these books and have it work for you:

- Read a THiNKaha book (these slim and handy books should only take about 15–20 minutes of your time!) and write down one to three actionable items you thought of while reading it. Each journal-style THiNKaha book is equipped with space for you to write down your notes and thoughts underneath each AHAmessage.
- 2. Mark your calendar to re-read this book again in 30 days.
- 3. Repeat step #1 and write down one to three more AHAmessages that grab you this time. I guarantee that they will be different than the first time. BTW: this is also a great time to reflect on the actions taken from the last set of AHAmessages you wrote down.

After reading a THiNKaha book, writing down your AHAmessages, re-reading it, and writing down more AHAmessages, you'll begin to see how these books contextually apply to you. THiNKaha books advocate for continuous, lifelong learning. They will help you transform your ahas into actionable items with tangible results until you no longer have to say "AHA!" to these moments—they'll become part of your daily practice as you continue to grow and learn.

As The AHA Guy at THiNKaha, I definitely practice what I preach. I read 2-3 AHAbooks a month in addition to those that we publish and take away two to three different action items from each of them every time. Please e-mail me your AHAs today!

Mitchell Levy publisher@thinkaha.com



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#### Introduction

There is an inner yearning within each of us. A faint but powerful whisper telling us that there's something more. That we're destined to have a bigger impact than we're having now. A voice that once expressed, will inspire others to their own greatness and in a very profound way, make the world better. This is your movement, and if you've ever felt a pull that you could be having a bigger impact, then you know that life is calling your movement to come out from within you. This is why you are here.

The content in this book is based on the Take Your Message to the World<sup>™</sup> framework developed by Joseph Ranseth and used by his clients around the world. For nearly fifteen years, Joseph has been helping people transform their lives and organizations using the blueprint and principles that transformational leaders such as Gandhi and Dr. King used to change the world. As a sought-after speaker and transformational coach, Joseph is on a mission to "transform the transformers" by empowering authors, speakers, coaches, and other purpose-driven entrepreneurs with the tools they need to increase their reach and impact and to move their business beyond transactions to transformation.

Take your time with the material in this book. Reflect on it and allow yourself to open up to a greater degree of impact that you know you were put here to have.

Go ahead, start a movement.



Share the AHA messages from this book socially by going to **http://aha.pub/StartAMovement**.

### Section I

You Have A Movement

There is an inner whisper inside of you telling you that you have a message and a mission to share with the world. When you listen to that voice and align with your true source of power, you can turn that message into a movement. This book outlines the steps to do just that.

Go ahead, start a movement.

There is an inner yearning within each of us: a faint but powerful whisper that tells us that there's something more, that we're destined to have a bigger impact than we do now.

### 2

Listening and acting upon your inner voice inspires others to their own greatness and in a very tangible way, makes the world better.

You were put here to do something meaningful. That meaningful thing is your personal movement.

### 4

How do you know that the world needs you? Because you're here.

15

If you had 1 minute and the entire world's attention, what would you want to share? This might be a clue to your movement.

You were put here to do something far more important than simply make a living. You have a movement worth living for.

# 7

We change the world not by what we do, but by who we become. 17



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### Section II

Arriving Through Adversity

Gandhi didn't liberate India from a vacuum, and Dr. King didn't take up the cause of civil rights just because he was bored. They started their movements because there was an adversity facing them and their communities. In a similar way, the adversities we face in our individual lives plant the seed for the gift that we can bring to the world to create transformation.

As you read this section, take note that the adversity in your life isn't an obstacle to your movement, it is your movement.

The obstacles you face in life aren't getting in the way of your personal movement, they ARE your movement.

# 26

Gandhi & Dr. King didn't become heroes because they had the strength to overcome their adversities; they knew how to transform adversities into strength to do even greater things.

Transforming your own adversity into something beautiful elevates the consciousness of the planet.

# 28

Embracing your adversities is a transformative gift to the planet.

Section II: Arriving Through Adversity

29 If it stirs an emotion, it carries a lesson.

### 30

Performance = potential - resistance.

Things do NOT happen for a reason. They happen, then we get to choose the reason.

31

#### **About the Author**



#### Joseph Ranseth

You have a movement within you; Joseph wants to help. As a speaker, author, and transformationist for over fifteen years, Joseph Ranseth has been helping people transform their lives and organizations using the same blueprint and principles that transformational leaders like Gandhi and Dr. King used to change the world. He has been a featured expert on national television, including Fox News, CBS, CTV, CBC, etc., in leading industry publications, such as Advertising Age, and has been recognized several times by the Huffington Post for using social media to inspire the world. A popular speaker, Joseph is the host of several events, including the Global Influence Summit, an annual event that helps speakers, authors, coaches, and purpose-driven entrepreneurs increase their reach and impact so they can take their movements to the world.



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# Go Ahead, Start A Movement<sup>™</sup>

- The world doesn't need another unique selling proposition. It needs Big Ideas that inspire the world to be a better place.
- We don't create impact by making ourselves significant, we become significant because of the impact we make on others.
- Transforming your own adversity into something beautiful elevates the consciousness of the planet.
- What if this very moment was exactly why you were alive? What will you do with it?
- When people see a picture of Martin Luther King Jr., they think: "I have a dream." What do they think of when they see you?



Joseph Ranseth helps purpose-driven entrepreneurs transform lives and businesses using the same blueprint and principles that transformational leaders like Gandhi and Dr. King used to change the world. Go Ahead, Start A Movement<sup>™</sup>.

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